

Moving up to High School Scenario Cards

In groups, can you discuss these possible scenarios and put together ideas and an action plan?

Allow time for everyone in the group to add their thoughts and then decide who can feedback to the rest of the class.



I won't know anyone

'I'm going to be in a new class, in a new school and I'm worried about how to make new friends.'

In your group, talk about:

- 1. The negatives in this situation.
- 2. The positives in this situation.
- 3. What action can this person take?
 - 4. Who can they ask for help?



The work will be too hard!

'I found some of the work in year 6 tricky and I'm worried I won't be able to manage at year 7 level.'

In your group, talk about:

- 1. The negatives in this situation.
- 2. The positives in this situation.
- 3. What action can this person take?
 - 4. Who can they ask for help?



I might get lost!

'My new school is huge and I'm not very good at remembering things, so I'm worried about getting lost and being late for lessons.'

In your group, talk about:

- 1. The negatives in this situation.
- 2. The positives in this situation.
- 3. What action can this person take?
 - 4. Who can they ask for help?



COMMUNITY WELLBEING SERVICE

I'm too shy!

'I'm very quiet and don't like putting my hand up in class.

I'm worried my new teachers will expect me to.'

In your group, talk about:

- 1. The negatives in this situation.
- 2. The positives in this situation.
- 3. What action can this person take?
 - 4. Who can they ask for help?



Homework

'I've heard that you get loads of homework at secondary school, in every subject. How will I manage?'

In your group, talk about:

- 1. The negatives in this situation.
- 2. The positives in this situation.
- 3. What action can this person take?
 - 4. Who can they ask for help?



COMMUNITY WELLBEING SERVICE







You have been given a piece of homework that you don't understand how to complete.

What could you do?
Who could you ask?
What might happen if you didn't ask for help?







You have been given four pieces of homework to do and you are feeling very worried about getting them all completed on time.

How might you feel?
What could you do in this situation?
Who could you ask for help? Who could explain things?
Are there any homework clubs in school?





You have been given a new timetable but you can't understand the timetable. There are new subjects and it's confusing.

What lessons do you have each day?

How might you feel?

What could you do in this situation?

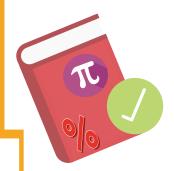
Who could you ask for help? Who could explain things?



Oops - Wrong books

In Maths you realise you have packed the wrong school book and have your Science book instead.

How might you feel?
What do you think might happen?
What could you do?
Who could you ask for help?
What might you say to your teacher?
What might help you remember for next time?





Forgotten Ingredients!

It's your Food Technology lesson and you have forgotten your ingredients.

How might you feel?

What might you say?

What do you think might happen.

What could you do?

Who could you ask for help?

What might help you remember for next time?

